

THE ALUMNAE NEWS

Published by the Alumnae Association of the
St. Michael's Hospital School of Nursing

Volume IV.

TORONTO, JUNE, 1940



To The Graduates

GRADUATION is a goal—an achievement. It is, as it were, a seal placed on years of persevering effort and of arduous work. Graduation is also a beginning — a step upward that opens to you the vista of a new life — a life full of promise of a happy fulfillment in a chosen and well-loved profession. And what a noble and truly Christ-like profession is yours, dear Graduates! How closely will your lives be knit with that of Him of Whom it was said that He went about ~~doing good. Two things~~ are definitely known of His work—that He healed the sick and that He taught them.

The work of healing is primarily yours, and yours, too, is that of teaching. By the sweetness of your ministrations, the purity of your lives and the loftiness of your ideals, you will preach daily the joy of right living which imparts that peace which the world cannot give and that charity which is Christ's.

You do not work alone. You are as links in that long golden chain of service to humanity which stretches down the years. To you, with your practical training, we have tried to impart something of our spirit. It is yours now to strengthen those ties and to hand on to future generations the ideals of generosity, service and heroic love which are so characteristic of the true nurse. We look on you with affectionate pride and with you, the Graduates of 1940, goes our trustful prayer that you will be in all things valiant women emulating always the spirit and ideals of the truly Christian nurse.

—The Sisters.

GRADUATES OF 1940

THE MISSES

Donalda Olive Statham, Windsor, Ont.
M. Rosealma Hurtubise, Peterborough, Ont.
Kathleen Mary Egan, Cobden, Ont.
Catherine Mary MacVicar, Priceville, Ont.
Virginia Marie Long, Toronto, Ont.
Kathleen Mae Stuart, Point Edward, Ont.
Kathleen Mary Lauria, Toronto, Ont.
Mary Ann Higgins, Amherstburg, Ont.
Margaret Bernice Avery, Larder Lake, Ont.
Norah Veronica McDevitt, Albion, Ont.
Martha Joan Stephen, North Devon, N.B.
Anne Elizabeth Schummer, Linwood, Ont.
Dorothea Florence Milligan, West Hill, Ont.
Mary Josephine Kennedy, Inverness, N.S.
Teresa Loretta Hennessey, Plato, Sask.
Agnes Bernadette O'Toole, Peterborough, Ont.
Genevieve Mary Dunn, Granby, Que.
Irene Catherine Davidson, Blackville, N.B.
Glenora Vaughn Lee, Nanton, Alta.

Mary Ursula Donohue, Toronto, Ont.
Vera Ethel Sherk, Port Colborne, Ont.
Jean Mary O'Connor, Amherstburg, Ont.
Belle Marie Primeau, Amherstburg, Ont.
Ada Olive Demaer, Success, Sask.
Doris Myrene Mihm, Regina, Sask.
Charlotte Leonore Lyons, Georgetown, Ont.
Louise Boisjoli, Quebec, Que.
Alveda Agnes O'Brien, Saskatoon, Sask.
Dora Mary Carioni, Medicine Hat, Alta.
Erie Elizabeth Dagleish, Galt, Ont.
Margaret Angela Delaney, Chapeau, Ont.
Veronica Helen O'Leary, Lindsay, Ont.
Beatrice Edith Curry, Chapeau, Ont.
Cecilia Mary Pelletier, Toronto, Ont.
Wilhelmina Ann Cambray, St. Catharines, Ont.
Claudia Mary Fleming, Toronto, Ont.
Nora Gertrude Adam, Lanark, Ont.
Rosella Celestine Heffernan, Arthur, Ont.
Neva Delores Laurie, Parry Sound, Ont.

Helen Mary Keon, Chapeau, Que.
Jeanne Frances Bowden, Toronto, Ont.
Mary Catherine Clemens, St. Catharines, Ont.
Mary Brigid Rashotte, Tweed, Ont.
Mary De LaPlante, Toronto, Ont.
Margaret C. MacDonald, Inverness, N.S.
Olive J. Wrubleski, Kuroki, Sask.
Gladys Eileen Simpson, Kinmount, Ont.
Anne Elizabeth Hickey, Mount Irwin, Ont.
Dorothy Marie Tegler, Hamilton, Ont.
Margaret Mary Egan, Cobden, Ont.
Verda Evelyn Gravelle, Stratford, Ont.
Ella Beardmore, Toronto, Ont.
Mary Josephine Kelly, Toronto, Ont.
Lucille Bonin, Toronto, Ont.
Mary Agatha Murphy, Marysville, Ont.
Eileen Veronica Tobin, Sudbury, Ont.
Edith Elizabeth Linton, Claremont, Ont.
Leona Madeleine Demaer, Success, Sask.
Susanne Jean Moran, Port Credit, Ont.

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AS this issue of the "Alumnae News" goes to press, the new Editor wishes to thank the members of her staff, whose co-operation and assistance have made an issue possible at this time, and to express heartfelt gratitude to the Sisters of the Hospital and contributors for their generous help.

It is easy to understand now, more than at any other period in our lives, that we must put all our energy and time into any enterprise to obtain good results. This is particularly true in the case of our war effort, which must be sustained at a high pitch, even though we carry on with our every-day jobs. St. Michael's has never been slow to respond to the call of suffering humanity, and it behooves every one of us, at this time, to be aware of the work which is being done in connection with the Hospital, giving it our unstinting support.

The Ladies' Auxiliary have been assisting the Red Cross since the beginning of the war, and to date have turned out the following:

Sewing—46 Pneumonia Jackets, 40 Pillow Slips, 40 pair Pyjamas, Gowns, Slings, and Hot Water Bottle Covers.

Knitting—43 pair Socks, 18 pair Wristlets, 11 Scarves, Sweaters, and Balaclava Caps.

They have also made clothing for refugee children, and raised \$150.00 for the Regimental Fund of the Toronto Military Hospital.

The doctors of St. Michael's have given \$116.00 to the Regimental Fund of the Toronto Military Hospital, and Dr. Malcolm Cameron has contributed a supply of medical and surgical literature for the use of the officers, which is a valuable beginning of a medical library for the hospital.

New Mercy Hospital

OUR Lady of Mercy Hospital for incurables was formally opened in Toronto on February 12th. by the Hon. Albert Matthews, Lieutenant-Governor of Ontario. The Sisters of St. Joseph, who are in charge of the humanitarian work to be carried on in this new hospital, were greatly honoured, as the opening was the only official function not cancelled by the Lieutenant-Governor during the period of mourning following the death of the Governor-General of Canada. His Grace, Archbishop J. C. McGuigan, also took part in the ceremony.

This modern five-storey, fireproof, brick building has accommodation for 275 patients and is situated adjacent to St. Joseph's Hospital. It replaces the old hospital on Sackville Street, where the Sisters of St. Joseph have carried on their work for many years. It is the first building to be built solely for incurable patients, giving them every new convenience and comfort, including individual radios, solarium, and an auditorium equipped for moving pictures.

Rev. Sister Ermilinda, Sister Superior of the old Sackville Street Hospital, is in charge of the new institution.

NEW CANCER TREATMENT

A Refrigeration Cabinet has been built at the Toronto General Hospital for the purpose of eliminating or relieving pain caused by persons suffering with Cancer. We are following with interest the experiments being carried on and read that the second case has been treated satisfactorily. We hope for the continued success of this treatment.

EIGHT-HOUR DUTY

We are delighted to learn that St. Joseph's Hospital, Toronto, has put into force an eight-hour day for the entire staff, including the student nurses. We congratulate the hospital on being the first in the city to experiment with this plan, and hope it will prove satisfactory to all.

We send our best wishes to Rev. Sister Carmela, who is a patient on 5E, and hope she will soon be completely well.

OUR ADVERTISERS.

We greatly appreciate the support given by our advertisers. Patronize them, as they make this paper possible.

Recent appointments to the hospital staff include: Miss Eileen Kelly, '32, formerly on the staff of the hospital at Smooth Rock Falls, is now on duty in the X-Ray Department. . . . Miss Rita Wilkinson, winner of the Auxiliary Scholarship for 1939, has completed the Hospital Administration Course at Toronto University, and will be on duty at St. Michael's shortly.

Alumnae

THE Annual Meeting of the Alumnae Association was held in the Nurses' Residence on April 2nd. Mrs. Shields, as guest speaker, gave a very interesting and informative talk and demonstration on surgical supplies used by the Red Cross. General business included reports from the Treasurer, Secretary, and Conveners of special committees. This was followed by the election of officers for 1940, as follows:

Honourary President ... Rev. Sister Superior

Honourary Vice-President Rev. Sister Jeanne

President Miss Marie Pilon

First Vice-President Miss Dorothy Lane

Second Vice-President ... Miss Bernice Quilty

Third Vice-President ... Miss Helen Thompson

Treasurer Miss Claire Cronin

Assistant Treasurer Miss Kathleen Meagher

Secretary Miss Margaret Robertson

Councillors Miss Elizabeth Regan
Miss Helen Hyland
Miss Rose McQuaid

Representatives to

Nursing Education ... Miss Grace Murphy

Public Health Miss Dorine Murphy

Press Miss Kathleen Walsh

Associate Membership .. Mrs. Slingerland

Magazine Editor Miss Barbara Grant.

ANNUAL DANCE.

Five hundred guests attended the annual dance given by the Alumnae in the Imperial Room of the Royal York Hotel on January 22nd. Miss Helen Thompson, convener, received with Miss Helen Hyland, President, Mrs. Harold Armstrong, Vice-President of the Ladies' Auxiliary, and Nursing Sister Marion Bell.

A military air prevailed with the Nursing Sisters of the 15th General Hospital as guests of honour, and many officers of the Air Force and Medical Corps in attendance. The prize of a Bath Set, by Elizabeth Arden, was won by Mrs. Charles Crompton in the Spot Dance. The Floor Show was delightful, and, of course, Horace Lapp's orchestra was enjoyed by all. The dance was a social and financial success, the proceeds being divided between the Red Cross and the Scholarship Fund.

Miss Thompson would like to take this opportunity to thank the members of the committee for their part in making the dance a success, namely, Misses Peg McDonald, Kay Zeagman, Rene Nealon, Catherine Sheedy, Rita Wiggins, Margaret Lee, Doris Vandervoort, and Mrs. Kevin Finigan.

ANNUAL BRIDGE

A very successful bridge was given by the Alumnae at the Nurses' Residence, in April, held in aid of the Scholarship Fund. The four hundred guests were received by Miss Berchmans Fannon, convener, assisted by Misses Delia Murphy, Kathleen Walsh, Kathleen Zeagman, Rose McQuaid, Eleanor Cowan, and Margaret Lee. Dr. George Wilson drew the lucky number tickets for the one hundred prizes, donated by business concerns, and Dr. Frank O'Leary was responsible for the installation of a loud-speaker system, used throughout the evening. Miss Fannon deserves great credit for the entertainment, organizing and planning to the last detail. The Alumnae are very grateful to Sister Jeanne, Sister Mary Patrick, and the Probationers for their kind assistance.

* * *

MEMBERS PLEASE NOTE.—We are sorry to report that the conveners of the Annual and Graduation dances still have money outstanding for tickets sold. Please show your appreciation to them for their efforts in these entertainments by paying for your tickets without further delay.

Undergraduate Activities

St. Michael's Hospital was the runner-up for the Championship of the Inter-school Undergraduate Association Basketball League. The games were played at the Margaret Eaton School.

* * *

The Undergraduate Association sponsored a Banquet at the Savarin in May for the Graduating Classes of all the hospitals. Nine hospitals were represented with an attendance of five hundred. Miss Barbara Shenstone, the President, received the guests and the speaker was Miss Mary Millman of the University of Toronto School of Nursing.

* * *

The Intermediate and Junior Classes gave a dance for the Senior Class in the Nurses' Residence on April 5th.

VOLUNTEERS WANTED

At Camp Ozanam, Pickering, a Catholic girls' camp, sponsored by the St. Vincent de Paul Society, directed for several years by Miss Frances Redmond. Among the voluntary councillors who assist at the camp, there are several nurses, and members of our Alumnae may be interested in offering their services this summer. Each camp lasts twelve days and a nurse may be on call from out of town at Registry while giving her services. Please call Miss Elizabeth Regan at Hud. 2907 if interested.

Graduation

A PROFUSION of roses and spring flowers banked the stage of St. Joseph's College School Auditorium at the 46th Annual Graduation exercises of St. Michael's Hospital School of Nursing. The Most Reverend James C. McGuigan, D.D., Archbishop of Toronto, was the honorary chairman, and the fifty-nine members of the Class of 1940 received their Diplomas and Prizes from Dr. Harris McPhedran, the chairman. Dr. McPhedran, in his opening address, stressed the high standard set by the Training School, and urged the graduates to live up to it. Musical selections were given by Miss Helene Morton, and Miss Sheila Munro, accompanied by Miss Winifred Dowell at the piano.

The Very Rev. E. J. McCorkell, C.S.B., addressed the graduates, emphasizing in his speech the fact that most of the provinces in Canada were represented in the Class, and the importance of the profession in time of war, at home as well as overseas.

The exercises came to a close with "God Save the King," which Dr. McPhedran asked the audience to sing as a prayer for the British Empire. A reception was held in the gymnasium for the friends and relatives of the graduates. The prize-winners are as follows:

1. SCHOLARSHIP FOR ONE YEAR'S POST GRADUATE WORK IN PUBLIC HEALTH, given by the Ladies' Auxiliary—Miss L. Bonin, Toronto.
2. SCHOLARSHIP FOR POST GRADUATE WORK, given by the Alumnae Association of St. Michael's Hospital—Miss M. M. Egan, Cobden, Ont.
3. HIGHEST STANDING IN OBSTETRICAL NURSING, given by Dr. D'Arcy Frawley—Miss A. E. Hickey, Mt. Irwin, Ont.
4. THE DOCTOR GIDEON SILVERTHORNE MEMORIAL PRIZE, for Proficiency in Operating Room Technique—Miss M. B. Avery, Larder Lake, Ont.
5. THE DOCTOR R. J. DWYER MEMORIAL PRIZE, given by Dr. J. Loudon for General Proficiency—Miss M. J. Kelly, Toronto.
6. HIGHEST STANDING IN PRACTICAL NURSING, given by Dr. Geo. Wilson.
Senior Year—Miss H. M. Keon, Chapeau, Que.
Intermediate Year—Miss M. R. Lortie, Eganville, Ont.
Junior Year—Miss P. L. Zeller, Melville, Sask.
7. PROFICIENCY IN BEDSIDE NURSING, given by Mr. F. J. Hughes, K.C., LL.D.—Miss Ella Beardmore, Toronto.
8. PROFICIENCY IN EMERGENCY AND SURGICAL NURSING, given by Dr. J. W. Ross and Dr. J. Daly—Miss D. M. Tegler, Hamilton, Ont.
9. EFFICIENCY IN UROLOGICAL NURSING, given by Dr. G. S. Foulds—Miss M. C. MacDonald, Inverness, N.S.
10. PROFICIENCY IN OUT-PATIENT DEPARTMENT, given by Dr. J. H. Elliott—Miss O. J. Wrnbleski, Kuroki, Sask.

GRADUATION DANCE

The Graduates were the guests of honour at a very gay and delightful dance given by the Alumnae Association at the Granite Club, and sponsored by Dr. J. X. Robert. The guests were received by Miss Kathleen Walsh, the Convener, Miss Marie Pilon, the President, and Mrs. Robert. Everyone danced the Cokie-Okie to music played by George Hooey and his Orchestra, and the outstanding performers were Dr. George Wilson and Dr. Jim Danis. Two hundred and fifty attended the party which was voted a huge success by the Graduates and their friends.

* * *

The Student Nurses entertained at a Coffee Party in the Nurses' Residence before the Graduation Dance for the Graduates and their escorts. Rev. Sister Jeannie received the guests, and Rev. Sister Stanislaus presided at the Coffee table.

* * *

Some familiar faces we were glad to see at Graduation: Rev. Father Wilfrid Smith, our former Chaplain; Rev. Sister M. Helen, '32, now teaching at St. Joseph's Hospital, North Bay; Lieut.-Col. A. R. Paggerman, M.C.

Gifts to please

At Birks - Ellis - Ryrie you will always find an exciting array of gift suggestions for important occasions—birthdays, anniversaries, weddings, graduations, etc.—all at moderate prices.

BIRKS-ELLIS-RYRIE

Yonge at Temperance

TORONTO

R.N.A.O.

WHEN the 15th annual meeting of the Registered Nurses' Association of Ontario was held at the Chateau Laurier on March 27th, 28th, and 29th, Ottawa was blanketed in snow, but sunshine and balmy breezes made it a delightful place for those of us who were homecomers. The 350 nurses registered were welcomed by Miss Constance Brewster, President, and Miss Mary Black, Chairman. His Worship, Mayor Stanley Lewis, in a brief opening address, stressed the thought that nurses would be expected to be prepared for any war emergency.

Most of the correspondence and papers read are to be discussed at the Canadian Nurses' Association Convention at Calgary this June. These include such subjects as:

1. Investment of the C.N.A. surplus funds.
2. Incorporation of the C.N.A.
3. Re-naming and re-organizing of Nursing Sections.
4. Appointment of a National Field Secretary.
5. Courses in Religious Instruction, which are being included in the Curricula of some Schools.
6. Economic Security for nurses, particularly Government Annuity.
7. Health Insurance through the Associated Medical Services.
8. Distribution of nursing service.
9. Suggestions for Practical Nurse Education.

One of the outstanding features of the program was the skit on "A Model Community Nurse Registry." We see an efficient staff answering the calls of a demanding public which receives prompt and suitable response to its varied requests. Even the young graduate, who thinks she has been "passed by" on call, gets her difficulty adjusted. She has registered against Night Duty, Obstetrical Nursing, and Contagious Diseases—she is advised to broaden her scope by taking a short Refresher course in her own hospital, and thus overcome her timidity for these branches of nursing. The Registrants to the Model Community Nurse Registry would include:

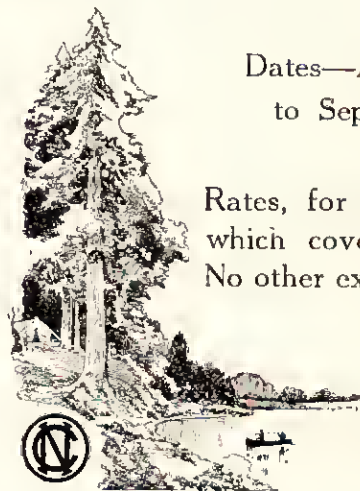
1. Private Duty Nurses in hospital and home for all types of nursing, and permanent and temporary institutional placement.
2. Auxiliary Workers: (a) Practical Nurses, (b) Housekeepers, (c) Orderlies.

The report of the Committee on the formation and re-organization of Registries followed the skit, giving a detailed account of how such a program could be worked out satisfactorily.

At the close of the Convention, nurses took advantage of the special privilege (in war time) given to the members of the R.N.A.O. to visit Parliament Hill. Standing on the look-out of the Peace Tower, one could see the new Supreme Court Building, the cornerstone of which was laid by Queen Elizabeth. The

Nagiwa Young People's Camp

FOR two weeks of relaxation come to NAGIWA CAMP, on the Severn River, between Georgian Bay and Sparrow Lake. Various activities, including canoeing, swimming, archery, table tennis, water polo and deck tennis are available.



Dates—August 17th
to September 2nd

Rates, for full period, \$30,
which covers railway fare.
No other expenses.

Further Information
from

Barbara Grant
117 Bowmore Rd.
GR. 0152

beautiful Hall of Remembrance and the Memorial Tablet to the Nurses of Canada brought back all the details of the last war.

—Rev. Sister M. Stanislaus,
St. Michael's Hospital.

* * *

DISTRICT 5 of the R.N.A.O. held their meeting at the training school for boys at Bowmanville, Saturday, May 11th. The group was entertained by the boys who gave a very fine gymnastic and musical performance. Following a talk by Mr. Virgin, Superintendent of the school, and a tour of the buildings, a buffet supper was enjoyed by all. At the business meeting, Miss Pearl Morrison, Hospital for Incurables, Duntz Ave., was appointed convener of a committee to study "Economic Security of Nurses." Miss Ruth Armstrong, in charge of programmes, would like suggestions re Fall Meetings as to place and subjects for discussion. Send these to her at Toronto Free Hospital, Weston. Dr. Kenneth Rogers, guest speaker, stressed the home as the cradle of democracy in his topic, "Four Fine Boys."

* * *

The Biennial meeting of the Canadian Nurses' Association is being held in Calgary, June 24-29, inclusive. Pleasure trips to Banff and Jasper Park are being arranged for members following the convention. Those who can should take advantage of this trip.

In Memoriam

REV. SISTER M. COLUMBA

ANOTHER link with the early history of St. Michael's Hospital was broken during May by the death of Rev. Sister M. Columba, who served in the Community of the Sisters of St. Joseph for nearly sixty-three years. She was the last of that little group of Sisters who in 1892 opened a new hospital to care for the sick poor of Toronto, and for a quarter of a century, Sister Columba devoted her time, talents, and strength to the interests of St. Michael's Hospital. She was loyal to everything about the Hospital, and her simple, spontaneous kindness will always be remembered, especially by those who met sorrow or trouble.

Although Sister Columba's chief work was in the Pharmacy at St. Michael's, she filled many other posts. St. Joseph's Hospital, Comox, B.C., and St. Joseph's Hospital, Toronto, profited by her experience in later years until her health made it necessary for her to give up strenuous work, but even then, Sister kept busy and happy in the Pharmacy at the Motherhouse. May He Who takes such services as done to Himself be now her reward.

REV. SISTER M. ST. HUGH

On April 7th, Rev. Sister M. St. Hugh, of the Community of the Sisters of St. Joseph, Toronto, died at St. Michael's Hospital. Her untimely death is keenly felt by all her associates at St. Michael's, and the nurses, to whom she gave guidance and help whenever needed, have lost a very dear friend.

Sister St. Hugh was formerly Catherine McDonald, daughter of Mrs. and the late Mr. Angus McDonald, and was born in Whitby, Ontario. She graduated from St. Michael's Hospital, practised her profession for a few years, and then entered St. Joseph's Convent in 1917. At the completion of her Novitiate, she was sent to St. Joseph's Hospital, Comox, B.C., where her ability and cheerful disposition added greatly to the happiness of all who were associated with her, and her transfer to St. Joseph's Hospital, Winnipeg, was sincerely regretted. Sister was recalled to Toronto in 1926, and for a long period, held the position of Night Superintendent at St. Michael's Hospital. In that capacity, her efficiency made her invaluable to the hospital, and her nursing an example to the student nurses who came under her supervision, while her kindness will long be remembered by countless patients, Doctors, and all who shared the night watches with her.

The High Mass of Requiem was celebrated in St. Joseph's Convent Chapel, and nurses of St. Michael's Hospital and members of the Alumnae formed a guard of honour along the corridor leading from the Chapel to the front door. The sincere sympathies of the Alumnae are extended to the Sisters of St. Joseph and to Sister St. Hugh's family in their great loss, which is also ours.

NAN GARTLAN

The nursing profession suffered another loss in the death of Nan Gartlan at the Toronto General Hospital on March 26, 1940. Miss Gartlan was an honour graduate of Loretto Abbey and St. Michael's Hospital and a member of the Class of 1915. Since 1931, she had been a member of the staff of the Public Welfare Department, Toronto, and was held in high esteem by her associates. Her death will be sincerely mourned by her many friends and former classmates.

KATHLEEN MORAN McNEVIN

At St. Michael's Hospital, in May, 1940, Kathleen Moran, beloved wife of Dr. F. P. McNevin, Toronto, died following a lengthy illness. Mrs. McNevin was a graduate of St. Michael's Hospital and a member of the Class of 1919. Prior to her marriage, she did private duty nursing for some time, and was very popular and highly thought of by both her patients and medical associates. During her last illness at the Hospital, her steady courage and cheerfulness in her suffering endeared her to all. We send our sincere sympathy to Dr. McNevin and children, Maureen, Helen and Ann.

* * *

We Extend Our Sympathy To—

Mrs. F. Meagher, formerly Agnes Rooney, '24, on the death of her mother.

Mrs. Malone (Grace Woods, '29) in the loss of her husband.

Misses Dolly and Eva Dunn on the death of their father at Orillia, Ont.

Miss Margaret Grant, '33, in the loss of her sister, Helen Grant, a graduate of the Toronto General Hospital.

Miss Blanche Cooney, '28, on the death of her mother.

Misses Margaret and Anna O'Meara in the loss of their mother.

Miss Margaret McGarrell on the death of her father in London, Ont.

Miss Lois Barker on the death of her mother.

Mrs. E. P. Killingsworth (Edith Russell, '29) in the loss of her father.

TRY

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The Miller-Abbott Tube

THE Miller-Abbott tube has in the past year or so, gained such prominence in the treatment of intestinal obstruction, that it is necessary for every one connected with Surgery to have a working knowledge of it.

Dr. William Osler Abbott and Mr. T. Grier Miller, working at the University of Pennsylvania, developed this very ingenious method of decompressing the small bowel without operation. The construction of the tube is very simple. It consists of a double-barrelled tube, one barrel larger than the other, the smaller barrel being inside the larger. It is about seven or eight feet long. The larger barrel of the tube is used for aspirating fluids and gases, and has perforations at its distal end similar to a duodenal tube. The smaller barrel is connected to a balloon at its distal end. The tube is calibrated in inches and feet.

The technique for using the tube is somewhat as follows: The distal end of the tube with balloon deflated is introduced into the nostril preferably, or the mouth, just as is an ordinary duodenal tube. The tube is swallowed by the patient. This part may be facilitated by giving the patient sips of water. When the distal end of the tube is in the stomach, which is determined by aspiration of the stomach contents, the patient is turned on his right side. This allows the end of the tube to fall towards the pyloric end of the stomach. The tube is then fed into the nostril at the rate of about one inch every half hour, and aspirations done at each insertion. Soon the character of the aspirated fluid changes from that of the stomach contents to that of duodenal contents. It is wise to check at this time with an X-ray to make sure the end of the tube is in the duodenum. When this is found to be correct, about 50 ccs. of fluid or air is injected into the balloon via the small barrel of the tube. The dilated balloon now acts as a bolus of food in the duodenum, and peristalsis immediately begins to propel it distally. The balloon and tube are in this way carried down to the point of obstruction. The tube is fed into the nostril an inch or two every hour, and aspirations carried out at least every half hour, the more often the better. In this way, the small bowel is deflated. Fluid requirements are kept up during this period by intravenous therapy. It is important to keep careful record of the total fluid intake and output, so that the water balance may be kept on the positive side.

The Abbott-Miller tube is used in cases of intestinal obstruction, sometimes in conjunction with operation, sometimes with no operation. It decompresses the bowel and relieves the distention by removing the poisonous fluids and gases accumulated above the obstruction. If the intestinal obstruction is due to paralytic ileus, the tube alone is sufficient to cure the patient without any operative interference. If the obstruction is due to a simple occlusion by an inflammatory process, the tube alone may be sufficient provided the inflammatory process subsides, leaving a patent bowel lumen. In cases where the obstruction is due to simple occlusion by a tumour, the use of the tube will carry the patient along

until he is in satisfactory condition for operation. In cases of intestinal obstruction, in which strangulation of the bowel is suspected, operation must be resorted to as soon as possible. The Miller-Abbott tube may be used in these cases post-operatively as paralytic ileus often ensues.

The tube is kept down until the intestinal obstruction is completely relieved as evidenced by expelling of flatus, effective enemata, etc. The tube occasionally causes irritation to the nose and throat, and is uncomfortable, but this can usually be controlled by lubrication, and by the instillation of a solution of 1 per cent. Nupercaine into the nostril.

The successful use of the Miller-Abbott tube is not always easy. There are numerous technical difficulties which keep cropping up. However, it is a life-saving measure and one is well repaid for his perseverance.

W. D. SMITH, M.D.,
Resident Surgeon,
St. Michael's Hospital.

THE WAYS

To every man there openeth
A Way, and Ways, and a Way,
And the High Soul climbs the High Way,
And the Low Soul gropes the Low,
And in between, on the misty flats,
The rest drift to and fro.
But to every man there openeth
A High Way, and a Low;
And every man decideth
The Way his soul shall go.

—John Oxenham.

Through the generosity of Lord Nuffield, every hospital of the British Empire was presented with an "Iron Lung." St. Michael's now possess one and keep it on 3D.

ASHLEY & CRIPPEN

PHOTOGRAPHS

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R.C.A.M.C.

THE appointment of Lieut.-Col. A. R. Hagerman, M.C., as Commanding Officer of the Toronto Military Hospital is a well-merited tribute to a distinguished medical and military career.

Col. Hagerman enlisted as a private in 1915 and served with distinction in the last war. He was awarded the Military Cross for bravery while Medical Officer with the 78th Battalion, C.E.F. During the post-war years, Col. Hagerman continued his interest in, and activity with, the Canadian Militia, in general, and the R.C.A.M.C., in particular. He is a recognized authority on diseases of the heart, and at present is heart consultant for Military District No. 2.

The St. Michael's Hospital Alumnae is proud to extend its congratulations and hearty good wishes to Lieut.-Col. A. R. Hagerman, M.C.

* * *

As was the case in the last war, the doctors of St. Michael's Hospital are quick to offer their services in the present war. We refer to recent appointments to the Toronto Military Hospital of Major T. G. Heaton, Major C. H. Watson, Capt. A. H. Veitch, M.C., Capt. L. J. Sebert, Lieut. B. W. Stevens, Lieut. C. S. Day, and Lieut. J. A. C. Thomson.

* * *

The Alumnae Association presented identification lockets to Nursing Sisters Margaret Hunt, '32, on duty at the Toronto Military Hospital; Marion Bell, '33, and Elizabeth Fenton, '34, stationed since January in Ottawa.

* * *

Lieut. F. R. Sargeant and Lieut. Desmond Magner are now at the base hospital in England.

* * *

On January 6th, the Alumnae of the School of Nursing, University of Toronto, entertained in honour of the 15th General Hospital Nurses. Miss Agnes Neill received with Dr. Russell and Mrs. W. G. Hanna.

* * *

The Alumnae and Staff of the Hospital for Sick Children entertained for the 15th General Hospital Nurses on January 15th. Miss Jean Masten, Miss M. Waddell, President of the Alumnae, and Mrs. B. Smith, Convener of the Hospital Auxiliary, received the guests.

* * *

The Nursing Sisters were again the guests of honour on January 13th, when the Overseas Nursing Sisters' Association entertained at Red Cross Lodge, Christie Street Hospital. Miss Neill received with the President, Miss Edna Moore, and Mrs. D. E. Robertson.

* * *

At the Annual Dance given by the Alumnae of St. Michael's Hospital on January 22nd, at the Royal York Hotel, the 15th General Hospital Nurses were the guests of honour.

Public Health Notes

THE Public Health Nurses of the Division of Public Health Nursing of the Department of Public Health, Toronto, have formed an association to be known as the Public Health Nurses' Association of the Department of Public Health, Toronto. The objects of this Association are:

1. To promote the standards and objectives of Public Health nursing.
2. To promote understanding, goodwill and esprit de corps among all members.
3. To assist with and promote staff education.
4. To assume responsibility for social activities.
5. To deal with matters relating to the welfare of the staff.

The Executive Members are:

Honorary President..... Miss Elsie Hickey
 President..... Miss Elvira Manning
 First Vice-President..... Miss Isabel MacLeod
 Secretary..... Miss Margaret Winfield
 Treasurer..... Miss Evelyne VanLane
 Corresponding Secretary... Miss Mary Gridley

The Conveners are:

Education Committee..... Miss Pearl McGinnis
 Social and Courtesy
 Committee..... Miss Viola Copp
 Ways and Means Committee. Miss Florence Conlin
 Publicity..... Miss Marjorie Larkin
 Archivists..... Miss Frances Brown
 Miss Janet Neilson

This Association should ensure a democratic partnership in the work of the Division, and should emphasize the fact that all members are co-workers, united for a common cause, namely, to bring to the community a high standard of public health nursing.

* * *

Miss Sally Stillman, '36, has been appointed the Public Health nurse for school service in Oxford County. Miss Stillman is also a graduate of the University of Toronto School of Nursing.

* * *

Miss Margaret McDonald, '38, is taking the Public Health Course at the University of Toronto.

Representing St. Michael's Hospital in the West are Sister Melanie, Superior of St. Joseph's Hospital, Winnipeg . . . Sister St. Matthew in charge of the operating room, and Sister Evangelista, Superintendent of Nurses, at St. Joseph's Hospital, Winnipeg . . . Sister Angeline (Rita Coyne, '31), supervising at St. Joseph's Hospital, Comox, B.C.

Miss Mary Van Praagh, '38, has returned to Toronto, after completing a post-graduate course in Obstetrics at Women's Hospital, New York.

From a War Nurse's Diary

CANADIAN RED CROSS HOSPITAL, TAPLOW, BUCKS, ENGLAND.

June, 1915—Cliveden is the estate of Major and Mrs. Astor and the Canadian Red Cross has opened 20 huts of 50 beds each, in addition to the 200 beds in the tennis court building in use since September, 1914. A number of Nursing Sisters spend their days making beds, arranging supplies, and getting ready for patients. This is a beautiful spot, a 700 acre estate by the River Thames.

July 12—The first convoy from France for the new huts. 150 patients; about half are stretcher cases—one a broken back; and lots of shrapnel wounds.

July 13—300 patients arrive from France. Operating room very active with Colonel Mewburn, chief surgeon. Wards looking very fine with two long rows of beds and the colourful red and white spreads are the admiration of the patients.

July 20—King George V and Queen Mary visited the hospital, accompanied by General Jones, Director C.A. M.C., and General Sir Sam Hughes.

Sept. 8—200 patients from the Dardanelles—enteric fever—mostly very ill. We now have nearly 1,000 patients. Feeding them is a big problem and one of my special worries as I supervise food service.

Sept. 20—Monday Sir Wm. Osler comes over from Oxford as consultant here; so that Monday is a joy to the Medical Staff. We all appreciate this great Canadian, who is always so gentle, so thoughtful, and an old friend of our Matron, Miss Edith Campbell.

Christmas, 1915—The wards gaily decorated, turkey dinner for all patients and staff, due to the efforts of the Canadian Red Cross. Rev. Father Curtin said Mass at 7.30 a.m.—about 90 present. The boys sing quite well and Faith of Our Fathers is the English boys' favourite hymn. Lady Astor and Lady Boston and other visitors worked so hard to make Christmas a happy one for the patients, while Miss Coleman, an English Catholic, decorated the dining room and gave extra for 400 men, and then, assisted by her guests, served them.

March 24—The Rev. J. J. O'Gorman, Ottawa, arrived for duty—the first R.C. padre for this hospital. The Nursing Sisters taxied to Maidenhead for Sunday Mass.

May 7—Patients out for a picnic on the Astors' launch, up the Thames. Nearly every day there is an outing planned for the convalescents, so their time passes quite happily.

ETABLES, FRANCE, NO. 2 CANADIAN GENERAL HOSPITAL.

Christmas, 1916—Food scarce, but patients had a good dinner and some extras. Many very sick patients, but all enjoy the Christmas spirit. Had Mass at 7 a.m. and in the p.m. a surprise visit from General Currie, which was a joy. He thought the wards and men looked so pleasant and homey, but he had just come from up the line.

(Continued on page 12)

Our Red Cross Unit

The members of the Alumnae have formed a Red Cross Unit under the leadership of Miss Mary Hughes and Mrs. Howard Lowrie. The work is being carried on at the Nurses' Residence at 8 o'clock p.m. every Monday, Tuesday, Thursday and Friday. At present the work consists of the making of surgical dressings. All St. Michael's nurses are asked to join, and if you have not already done so, call Miss Hughes at J.L. 5480, or Mrs. Lowrie at Ken. 1220.

Giving up private duty for institutional positions are Mildred Brown, '38, on the staff of The T. Eaton Co., Limited . . . Helen Heffernan, '38, Rita Wiggins, '38, and Mary Heffernan, '37, on staff duty at Yonkers' General Hospital, New York . . . Charlotte Bolt, '37, supervisor at Women's Hospital, New York. Miss Bolt recently completed a post-graduate course at Women's.

Mrs. Michael Cartan (Jeanne Brisson, '32) and Mrs. Jack Dalton, Jr. (Elsie Henderson, '32), of Timmins, spent a few days in Toronto and were entertained by Dr. and Mrs. J. B. Maxwell and Dr. and Mrs. Al Hamill.

Mr. and Mrs. C. Velyan (Mary Draganoff, '35), and their eight months' old daughter, have taken up residence at Geraldton, Ont.

We are happy to report that Dr. Malcolm Cameron is now able to carry on as usual after his illness last March, and that Dr. St. Charles, who has been a patient on 4E, is recovering from his recent illness.

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Weddings ✓

BODENDISTEL-GAUDET. On April 16, 1940, at St. Monica's Church, Toronto, Aurel Bernice Gaudet, '27, to Dr. Anthony Bodendistel. They will reside in Dearborn, Michigan.

McCARNEY-TRUAISCH. On April 13, 1940, at the Church of Our Lady of Perpetual Help, Toronto, Helen Truaiseh, '35, to Mr. William McCarney. Mr. and Mrs. McCarney are living on Winona Drive, Toronto.

McCAFFREY-MACLEOD. At Wyehwood Presbyterian Church, Toronto, on April 27, 1940, Donald Hastings MacLeod, '37, to Dr. John Alexander McCaffrey.

SEDGWICK-DAWSON. On January 20, 1940, Lillian Dawson, '36, to Mr. Wilfred Sedgwick, at St. Clair Baptist Church. They have taken up residence at 323 Woburn Ave.

SPALL-ECKMIER. On May 11, 1940, at Yorkminster Church, Toronto, Doreen Eckmier, '34, to Mr. Sydney John Spall, B.A.Sc., of Toronto. After a trip through the New England States, they will live in Toronto.

MACDONALD-WOLFE. In St. Peter's Anglican Church, Toronto, on April 17, 1940, Alfreda Grace Wolfe, '34, to Mr. Albert C. Macdonald. After a trip to Montreal and Ottawa, Mr. and Mrs. Macdonald are living in Toronto.

JOHNSTONE-GARDNER. In St. John's Church, Norway, Esther Audrey Gardner to Dr. George C. Johnstone. They are residing in Fenelon Falls.

FITZGERALD-COOPER. On May 25, 1940, Evelyn Cooper, '38, to Mr. Gerald William Fitzgerald, at St. Nicholas' Church, Birch Cliff. Following a trip through the States, they will live in Toronto.

MILSON-LOVICK. On December 3, 1939, Margaret Lovick, '37, to Mr. George Milson. Mr. and Mrs. Milson are residing in Halifax.

MURBY-KENNY. In the Chapel at Westminster Church, Toronto, Margaret Allison Kenny to Dr. William Murby, on March 21, 1940.

Miss Delia Murphy, '38, gave a kitchen shower for Mrs. Wm. McCarney (Helen Truaiseh, '35), prior to her marriage in April. The utensils looked very gay in cream and red.

The engagement is announced of Kathryn A. 'Toots' Regan, '32, daughter of Mrs. and the late Arthur Regan, to Mr. Arthur DeGracio of Sudbury.

Eaton's Round Room was prettily decorated for a shower given by Miss Muriel McRae, '38, for Miss Evelyn Cooper, who is now Mrs. G. Fitzgerald.

Births ✓

At Trinidad, B.W.I., on March 25, 1940, to Mr. and Mrs. Victor Agastini (Betty Lee, '36) a daughter, "Mary Elizabeth."

To Mr. and Mrs. Langdon (Dot Wykes, '30) at St. Michael's Hospital, on February 25, 1940, a baby girl.

A son was born to Rev. and Mrs. O. W. Nickle (Fern Harris, '30) at Schumacher, Ont.

"Elizabeth Claire" is the pretty name chosen by Dr. and Mrs. Edward Brooks (Isobel Noonan, '30) born at St. Michael's Hospital, March 30, 1940.

On May 3, 1940, to Mr. and Mrs. James Stevenson (Laura Kiernan, '34) at the Toronto Western Hospital, a sister for Ross.

To Mr. and Mrs. John Howard Turnbull (Bertha McCarthy, '32) on February 15, 1940, at St. Michael's Hospital, a son.

"David Charles" is the son of Dr. and Mrs. J. C. Theobald (Sadie Pearee, '30), born at St. Michael's Hospital on February 10, 1940.

At St. Michael's Hospital, in February, 1940, a son was born to Mr. and Mrs. Johnson (Connie Deoley, '33), "Jerome."

On May 5th, to Mr. and Mrs. Carl Ansingh (Lorraine Dalton, '34), a daughter, born at St. Michael's Hospital.

At Moncton, Ontario, "Murray Douglas" was born to Dr. and Mrs. Kenneth Stewart (Helen Miller, '39).

"Donald Anthony" arrived to Mr. and Mrs. D. M. Tudhope (Aileen Reynolds, '36) at St. Michael's Hospital on April 1st.

Mr. and Mrs. Thomas Evans (Edna Rosar) are calling their new baby "Mary Jane," born at St. Michael's Hospital on May 11th.

At Detroit, Mich., to Mr. and Mrs. F. J. Murphy (Dot Whyte, '30), a daughter, "Eileen Diane," on March 9th.

To Dr. and Mrs. John Oswald at St. Michael's Hospital early in April, a daughter.

Parties for Aurel Gaudet, '27, before her recent marriage—a tea at the home of Catherine Hammall, '28, a shower given by Bernice Quilty, '26, and an evening supper and presentation given by Helen Hyland, '25, and Mary Hughes, '24.

Helen Kavanagh, '32, entertained at tea for Laura Larkin, '32, who is visiting her sister, Mrs. Ralph McGrath, on her vacation from Women's Hospital, Detroit, Michigan.

Out-of-Town Letters

Alma Mahoney, '29, 6158 14th St., Detroit, Michigan, writes:

"I was so happy hearing from someone at St. Michael's, and hasten to answer your welcome letter. I feel certain the girls would be interested in becoming associate members of the Alumnae, and receiving the "Alumnae News," if contacted. There are several St. Michael's nurses in Detroit, and, needless to say, when we meet a great deal of time is spent renewing old acquaintances.

May Reilly, '33, and I are at Providence Hospital, and both enjoy our work. May has been here for about three years. Visited this afternoon with Margaret Mulroy Hagan, '29, at St. Mary's Hospital, the proud mother of a sister for Mary Catherine and Bernard, May 7th. A few of the other gals I am in touch with are Pearl Coffey, '26, and Margaret Stock, '29, at Detroit Osteopathic . . . Helen Stock, '27, at Harper . . . Lou Marrin and Dolores Morrison at Henry Ford Hospital . . . Gertrude Kenny McEvoy, '28, at St. Mary's . . . Anne Creed, '23, is superintendent of the Emergency and Admitting Department at Receiving Hospital . . . Matilda Stanley, '21, is also on the staff at Receiving.

The Archdiocese of Detroit have formed a Federation of Catholic Nurses. I attended the meeting last Friday evening and met several of our nurses who had left the profession for married bliss some years ago, including:

Mrs. Thomas Whall (Maisie Young, 1923).
Mrs. Joseph McDonald (Irene Coyle, 1922).
Mrs. Carter (Rose O'Connor, 1922).
Mrs. Sheenan (Pauline Burns, 1923).
Mrs. Murphy (Elizabeth Feeney, 1923).
Mrs. Smith (Margaret Sullivan, 1920).

Remember me to everyone, and I will be looking forward to receiving the Alumnae News.

EDITOR'S NOTE: "Out-of-Town Letters" is a new feature in the Alumnae News, and its success depends upon continuous letters from Active and Associate members. Please let us hear from you, where you are and what you are doing. We are all interested. Upon the payment of \$1.00 you can become an Associate Member and receive copies of YOUR paper.

School colours and Valentine decorations were used to adorn the Blue Room of the King Edward Hotel when the 1938 Class held a reunion dinner last February. The guests were received by Miss Leone Noecker, and, after dinner, dancing was enjoyed in the Oak Room.

Winter holidaying . . . Claire Cronin, '30, spent nine weeks at Fort Lauderdale, Florida . . . Peg McDonald, '30, in Florida for the month of March, and we are sorry to hear her father is ill . . . Margaret Stone, '34, and Muriel Greene, '35, left the 1st of March for Chicago and continued on south to Los Angeles and Mexico. On their return trip they stopped off at Tucson, Arizona, and are both still there on private duty cases.

The Class of 1936 held a reunion dinner on March 13th, at the Windsor Arms. The tables were attractively decorated with the school colours and about eighteen were present. Miss Eleanor Pond was the convener.

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Visiting in Toronto—Mrs. James Hopper (Dora Commissiong, '31), New York, spent a few weeks with her parents . . . Miss Bernadette Jones, '36, Rochester General Hospital, visited with her family and was entertained by Mrs. Harding (Rosella Lee, '36) . . . Miss Hilda Burch, '29, in town for a week-end from Chapleau, called in to see Sister Jeanne . . . Miss Agnes Brennan, '37, Cleveland, will be here for her brother's Ordination.

Carmel Golan, '38, and Pauline O'Keefe, '39, patients in the Hamilton Sanatorium, are both steadily improving. They were visited recently by Effie McInnes, Margaret Thompson, and Marion Pallette.

Kay McKee, '30, is now back to work at Eaton's Welfare, limping slightly, due to a fracture of her leg, resulting from a fall while skiing last March. We can't blame the horses this time, Kay!

A round of gay parties were given for Nursing Sister Margaret Hunt, '32, by her classmates. Mrs. J. T. Danis (Mary Callen) entertained at tea, Miss Mildred Crowley at a luncheon, and at an evening party at the home of Mrs. Merton Francis (Mary Munson), the presentation of a travelling clock was made.

We are glad to hear that Elma Purtle, '20, Irene Sennett, '30, Lydia Lustig, '33, Mrs. F. W. Rice (Mary Schnurr, '34), and Beth Hoey, '35, patients in the hospital recently, are now convalescing.

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(B) Diagonally tucked style with separate belt, flared skirt, and small pointed collar. Five detachable pearl buttons are used for fastening. Sizes 32 to 40.

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WAR NURSE'S DIARY (Continued)

Jan. 27, 1917—Visited Victoria League Club. These clubs, Y.M.C.A., Salvation Army, and Knights of Columbus Huts, are each one a little oasis in the desert of the Etaples base. Very cold, wet weather, very little fuel and the huts, someone remarked, "are like living in your summer cottage in Canada in January."

Feb. 21—Night duty in three medical units—nephritic hut rather outstanding—hot pack treatments and electrotherapy used with good results. P.U.O. trench feet and pneumonia.

April 10—The big spring push is on up the line and the patients are pouring in to hospitals here. At long last we have the wounded direct from the trenches. The Canadians have taken Vimy Ridge and even the badly wounded are very happy. They are all so glad to arrive at a Canadian base hospital. Lots of shrapnel wounds, and operating room very busy with all our surgeons working long hours. This was a very memorable day.

April 11—More patients brought down by ambulance trains, stretchers and trestles to supplement beds. Some terrible wounds, fractures and amputations, and some hands and face—not too bad—but the boys hope to make "Blighty" with them.

April 13—This seems the busiest day of all—dressings all day long. A large dressing cart is wheeled along by helpers and surroundings arranged, bandages cut; then Nursing Sister in gown and gloves goes straight ahead with the dressing. Medical Officer makes frequent rounds. Orderlies and up patients are wonderful, and supplies are unending, thanks to the Red Cross.

April 16—A big evacuation of patients to England. To the soldiers England, or "Blighty" as they say, is the land of heart's desire.

May 17—My orders, with three other nursing sisters to go to No. 3 Canadian clearing station and to be ready in two hours. Great news! How lucky to be getting up near the front. Finally by slow French troop train we arrive at Remy Siding, and are soon installed in our new quarters—a large Indian marquee with green grass and Belgian soil beneath our cots, where in rainy weather, pools of water lodge. This is an area of clearing stations, ammunition dumps, anti-aircraft stations and various rest camps and a big military cemetery with row on row of wooden crosses beside our hospital huts; where on many mornings the last post is sounded and the dead laid to rest in Flanders fields.

Elizabeth Regan, Reg. N.
More notes from this Diary in next issue.